



ADG Dental Nurse Skills Development Programme

Competency Framework & Performance Indicators

CCF15 Orthodontics Self-Assessment Tool





Competency Framework

The ADG Dental Nurse Competency Framework is a formative assessment tool, which is part of the ADG Skills Development Programme. It has been developed to help dental nurses (DNs) work in a manner that brings service excellence within Antwerp Dental Group (ADG) to improve ADG customer satisfaction and retention. Each competency is made up of various performance indicators (PI).

This programme specifically supports the development of:

- knowledge
- skills and
- behaviours

that are important to ADG to become a recognised and invaluable asset to ADG, and ultimately create greater satisfied patients, maintain and promote an outstanding reputation and ultimately generate profits for the whole practice community. The programme also supports the personal development of dental nurse registrants which is a requirement.

Competencies

Some competencies relate to General Dental Council (GDC)/National Health Service (NHS) standards. Other competencies are related to nursing duties/standards that are specific to Antwerp Dental Group (ADG).

Some competencies relate to skills included in the primary dental nursing qualification. Registered dental nurses who have held their qualification for over 5 years MUST demonstrate current knowledge. Evidence can be met by using CPD certificates and appropriate reflective practice to demonstrate knowledge and competence against each performance indicator. The evidence you reference may meet a number of PI.

By working through the competency framework with the support of a mentor. Dental nurses (DNs) new to the group will be better placed to quickly assimilate ADG protocols and expectations while using the competency framework to identify knowledge or skills that are specific to the ADG/not covered by the primary dental nursing qualification.





Skill Stages

There are **4 stages** within the ADG dental Nurse Competency Framework. Each stage must be completed prior to moving on to the next.

Induction Competencies (ILC): What an ADG DN must know to complete their induction period.

Skill Stage 1: Core Competency Framework (CCF): What an ADG DN must meet in order to demonstrate they can work in a manner that brings service excellence to clients of ADG.

Skill Stage 2: Intermediate Competency (ICF): What an ADG DN must meet to achieve intermediate level within ADG.

Skill Stage 3: Complex Competency Framework (XCF): What an ADG DN must meet to achieve Senior/Specialist Dental Nurse level within ADG.

The skill stage level and specific competency/skills attainment will determine the seniority level and pay grade level which is published on our Academy Site (www.antwerpdentalacademy.co.uk).

Dental nurses who have completed levels of the ADG Competency Framework, can support their DN colleagues who are working through any ADG Framework at the same skill stage, or lower to what they have achieved.

Performance indicators (PI) can be signed off by work-based mentors and various members of the ADG clinical team who work closely with the dental nurse. They must first be identified by an Antwerp Dental Academy (ADA) mentor as competent to do so.

All competencies MUST be finally signed off by an ADA Mentor.





Guidance

As part of your work towards the ADG competency frameworks, you MUST use the selfassessment tool prior to meeting with the ADA mentor. This ensures your Personal Development Plan (PDP) is tailored to you and based on the self-assessment that you undertook. This also supports the identification of additional training needs.

Each of the performance indicators is listed with a check list to allow you to rate your own knowledge and skills against the following scale:

| Good: | You have a good standard of skills and knowledge. You use these skills and knowledge on a regular basis and feel confident in your ability. No refresher required |
|-------------------|--|
| Adequate: | Your standard of skills and/or knowledge meets the standard required. You may only use the skills and knowledge from time to time or you may not feel confident in your ability. You and your mentor may agree that you need to refresh specific knowledge or skills. |
| Needs refreshing: | You previously had this standard of skills and/or knowledge, but it is no longer current, or you have not used it in your work recently/regularly. You therefore no longer have the skills and /or knowledge to meet the standard |
| New to me: | Either you have never worked as a dental nurse previously or you haven't covered this topic. Training/development is required. |

Once you have rated yourself against each performance indicator/standard you will need to have a professional discussion/review with an ADA mentor. This is to support you in setting an action plan so that you can refresh or develop new knowledge and skills.

The checklist is just a tool, it is not evidence that you are competent against the ADG Dental Nurse Competency Framework. The decision whether you meet the competencies will be made by your mentor using the self-assessment and other appropriate/supporting evidence.

Checklist taken from the HEE/Skills for Health Care Cert. self-assessment tool

| Version | Date | Author(s) | Replaces | Comment |
|---------|-----------|------------|----------|---------|
| V1.0 | July 2018 | R Wadhwani | | |
| | | A Heilmann | | |
| | | | | |
| | | | | |





| Competency | Performance Indicator (PI) | How would you rate your current |
|-------------|---|--|
| competency | To meet the ADG standard I can: | ability? |
| 1. | 1.1 Retrieve clinical notes and identify | Reference evidence of knowledge and |
| | the treatment being undertaken prior | skills: |
| Orthodontic | to the appointment | |
| appointment | | |
| set-up | How would you rate your current | Action Plan: |
| | ability? | 1. |
| | New to me | 2. |
| | Needs refresh | 3. |
| | Adequate | |
| | Good Good | |
| | Can demonstrate | |
| | | |
| | 1.2 Anticipate and correctly set up the | a) Reference evidence of knowledge |
| | appropriate equipment, instruments | and skills: |
| | and material for orthodontic | |
| | procedures: | |
| | a) Initial consultation | Action Plan: |
| | b) Impressions/radiographs/photography | 1. |
| | C) Fitting of removable appliance/retainers | 2. |
| | | 3. |
| | a) How would you rate your current | b) Poference evidence of knowledge |
| | ability? | b) Reference evidence of knowledge and skills: |
| | New to me | |
| | Needs refresh | |
| | | Action Plan: |
| | Good Can demonstrate | 1. |
| | | 2. |
| | b) How would you rate your current | 3. |
| | b) How would you rate your current | |
| | ability? | |
| | New to me | |
| | Needs refresh Adequate | c) Reference evidence of knowledge |
| | Adequate Good | and skills: |
| | Can demonstrate | |
| | | |
| | c) How would you rate your current | Action Plan: |
| | | 1. |
| | ability? | 2. |
| | Needs refresh | 3. |
| | Adequate | |
| | | |
| | Can demonstrate | |
| | | |
| | | |
| | | |





| Competency | Performance Indicator (PI) To meet the ADG standard I can: | How would you rate your current ability? |
|-----------------------|---|---|
| 1. Orthodontic | 1.2 (cont'd)Anticipate and correctly set up the appropriate equipment, instruments and material for | d) Reference evidence of knowledge and skills: |
| appointment set-up | orthodontic procedures: d) Invisalign e) Fitting of a fixed appliance f) Removing a fixed appliance | Action Plan: 1. 2. 3. |
| | d) How would you rate your current ability? New to me Needs refresh | e) Reference evidence of knowledge and skills: |
| | Adequate Good Can demonstrate | Action Plan: 1. 2. 3. |
| | e) How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate | f) Reference evidence of knowledge and skills: |
| | f) How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate | Action Plan: 1. 2. 3. |
| | 1.3 Identify and describe the orthodontic equipment and materials used across ADG to ensure efficient chairside support for the clinicians I work with. | Reference evidence of knowledge and skills: Action Plan: |
| | How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate | 1. 2. 3. |





| Competency | Performance Indicator (PI) To meet the ADG standard I can: | How would you rate your current ability? | | |
|-------------------------|---|--|--|--|
| 1. | 1.4 Stock the surgery with orthodontic | | | |
| Orthodoptio | materials to promote efficiency. | | | |
| Orthodontic appointment | | | | |
| set-up | How would you rate your current ability? | | | |
| | New to me | | | |
| | Needs refresh | | | |
| | Adequate | | | |
| | Good | | | |
| | Can demonstrate | | | |
| | 1.5 Describe the treatment/ | a) Reference evidence of knowledge | | |
| | appointment sequencing for | and skills: | | |
| | orthodontic procedures (as listed in | | | |
| | 1.2) a) Initial consultation | Action Plan: | | |
| | b) Impressions/radiographs/photography | 1. | | |
| | C) Fitting of removable appliance/retainers | 2. | | |
| | d) Invisalign | 3. | | |
| | a) How would you rate your current | b) Reference evidence of knowledge | | |
| | ability? | and skills: | | |
| | New to me Needs refresh | | | |
| | Adequate | Action Plan: | | |
| | Good | 1. | | |
| | Can demonstrate | 2. | | |
| | | 3. | | |
| | b) How would you rate your current ability? | | | |
| | New to me | | | |
| | Needs refresh | c) Reference evidence of knowledge | | |
| | | and skills: | | |
| | Good | | | |
| | Can demonstrate | Action Plan: | | |
| | c) How would you rate your current | 1. | | |
| | ability? | 2. | | |
| | New to me | 3. | | |
| | Needs refresh | | | |
| | | | | |
| | Good Can demonstrate | | | |
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| Competency | Performance Indicator (PI) To meet the ADG standard I can: | How would you rate your current ability? | | |
|----------------------------------|--|---|--|--|
| 1. Orthodontic appointment | 1.5 (cont'd)Describe the treatment/ appointment sequencing for orthodontic procedures (as listed in | a) Reference evidence of knowledge and skills: | | |
| set-up | 1.2)d) Invisaligne) Fitting of a fixed appliancef) Removing a fixed appliance | Action Plan: 1. 2. 3. | | |
| | d) How would you rate your current ability? New to me Needs refresh Adequate | b) Reference evidence of knowledge and skills: | | |
| | Good Good Can demonstrate | Action Plan: 1. 2. 3. | | |
| | e) How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate | c) Reference evidence of knowledge and skills: | | |
| | f) How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate | Action Plan: 1. 2. 3. | | |
| 2. Equipment and | 2.1 Set-up and use a butane gas burner; demonstrating good wax management. | Reference evidence of knowledge and skills: | | |
| materials | How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate | Action Plan: 1. 2. 3. | | |





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|------------------------|---|--|
| Competency | Performance Indicator (PI) To meet the ADG standard I can: | How would you rate your current ability? |
| 2. Equipment and | 2.2 Describe Project bite gauges and demonstrate that I can use them efficiently. | Reference evidence of knowledge and skills: |
| materials | How would you rate your current | Action Plan: |
| | ability? | 1. |
| | New to me | 2. 3. |
| | Needs refresh Adequate | з. |
| | | |
| | Can demonstrate | |
| | 2.3 Describe the various bracket | a) Reference evidence of knowledge and |
| | systems at ADG and how they are used: | skills: |
| | a) archwire types | |
| | b) archwire sequences | Action Plan: |
| | c) Management of de-bonds | 1. 2. |
| | d) application/use of micro-etcher tool | 3. |
| | a) How would you rate your current | b) Reference evidence of knowledge and |
| | ability? | skills: |
| | □ Needs refresh | |
| | | Action Plan: |
| | Good Can demonstrate | 1. |
| | | 2. 3. |
| | b) How would you rate your current | 5. |
| | ability? | |
| | New to me | a) Deference ovidence of knowledge and |
| | Adequate | c) Reference evidence of knowledge and skills: |
| | Good | |
| | Can demonstrate | Action Dise |
| | c) How would you rate your current | Action Plan: 1. |
| | ability? | 2. |
| | New to me | 3. |
| | Adequate | d) Reference evidence of knowledge and |
| | Good | skills: |
| | Can demonstrate | |
| | d) How would you rate your current | Action Plan: |
| | ability? | 1. 2. |
| | Needs refresh | 2. 3. |
| | Adequate | |
| | Good | |
| | Can demonstrate | |

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ADG/CCF15 Orthodontics How would you rate your current Competency Performance Indicator (PI) To meet the ADG standard I can: ability? 2. a) Reference evidence of knowledge and 2.4 Describe the various impression materials and their application in skills: Equipment orthodontic procedures. and materials Action Plan: a) alginate 1. b) waxes 2. a) How would you rate your current 3. ability? New to me b) Reference evidence of knowledge and Needs refresh skills: Adequate Good Can demonstrate Action Plan: 1. b) How would you rate your current 2. ability? New to me Needs refresh Adequate Good Can demonstrate 3.1 Demonstrate effective chairside 3. Reference evidence of knowledge and skills: assisting for **orthodontics** applying a Chairside four-handed dentistry approach. assisting Action Plan: Including loading impression materials 1. Orthodontics correctly onto the impression tray 2. How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate Reference evidence of knowledge and 3.2 Explain the importance of supporting the clinician with wet and skills: dry tooth isolation and the value of four-handed dentistry. Action Plan: 1. How would you rate your current ability? 2. New to me Needs refresh Adequate Good Can demonstrate

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ADG/CCF15 Orthodontics Competency Performance Indicator (PI) How would you rate your current To meet the ADG standard I can: ability? 3. 3.3 Identify and demonstrate the Reference evidence of knowledge and correct mixing technique for various skills: products used for orthodontic Chairside procedures. assisting Action Plan: 1. Orthodontics How would you rate your current ability? 2. New to me 3. Needs refresh Adequate Good Can demonstrate Reference evidence of knowledge and 3.4 Demonstrate the disposal of sharps according to HTM01-05 skills: identify any differences in ADG sharps protocol and manage this effectively. Action Plan: 1. How would you rate your current ability? 2. New to me 3. Needs refresh Adequate Good Can demonstrate Reference evidence of knowledge and 3.5 Demonstrate effective patient skills: management during the running of the clinic to minimise backing up of equipment and materials, maintaining Action Plan: speed and efficiency of all 1. procedures. 2. 3. How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate Reference evidence of knowledge and 3.6 Demonstrate the ability to write-up skills: clinical notes and dictations correctly. How would you rate your current ability? Action Plan: New to me 1. Needs refresh 2. Adequate 3. Good Can demonstrate





ADG/CCF15 Orthodontics

| Competency | Performance Indicator (PI) To meet the ADG standard I can: | How would you rate your current ability? |
|---|---|---|
| Chairside assisting Orthodontics | 3.7 Continuously monitor the clinician and patient, identifying any complications; taking the necessary actions without delay to support the patient and the clinician. How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate | Reference evidence of knowledge and skills: Action Plan: 1. 2. 3. |
| 4. Patient support | 4.1 Prepare a patient for orthodontic treatment and gain their consent to treatment in line with GDC requirements. How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate 4.2 Communicate with patients, parents/carers at a level and pace that is suitable to them. Answer questions concisely and in a manner that: a) maximises their understanding, confidence and motivation b) minimises their fear and anxiety a) How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate | Reference evidence of knowledge and skills: Action Plan: 1. 2. 3. Reference evidence of knowledge and skills: Action Plan: 1. 2. 3. |

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| Competency | Performance Indicator (PI) To meet the ADG standard I can: | How would you rate your current ability? |
|------------|---|--|
| 4. | 4.3 Educate patients in the use of various forms of inter-maxillary elastics: | a) Reference evidence of knowledge and skills: |
| Patient | a) class II b) class III | Action Plan: |
| support | c) Trapeziodal | 1. 2. |
| | a) How would you rate your current ability? | 3. |
| | New to me Needs refresh Adequate | b) Reference evidence of knowledge and skills: |
| | Good Can demonstrate | Action Plan: 1. 2. |
| | b) How would you rate your current ability? | 3. |
| | New to me Needs refresh Adequate Good | c) Reference evidence of knowledge and skills: |
| | Can demonstrate | Action Plan: 1. |
| | c) How would you rate your current ability? | 2. 3. |
| | New to me Needs refresh Adequate Good Can demonstrate | |
| | 4.4 Communicate with patients, parents/carers at a level and pace that is suitable to them. | Reference evidence of knowledge and skills: |
| | Answer questions concisely and in a manner that <u>maximises their</u> <u>understanding, confidence and</u> <u>motivation</u> | Action Plan: 1. 2. 3. |
| | a) How would you rate your current ability? | |
| | New to me Needs refresh Adequate Good Can demonstrate | |
| | | |





| Competency 4. Patient support |
|---|
| Patient support |
| |
| |





Competency Performance Indicator (PI) How would you rate your current To meet the ADG standard I can: ability? 4. d) Reference evidence of knowledge and 4.6 (cont'd) Provide post-operative skills: advice after the fitting of an appliance. Patient d) Caries risk support Action Plan: e) Care and maintenance of appliance 1. 2. d) How would you rate your current 3. ability? New to me e) Reference evidence of knowledge and Needs refresh skills: Adequate Good Can demonstrate \square Action Plan: 1. e) How would you rate your current 2. ability? 3. New to me Needs refresh Adequate Good Can demonstrate Reference evidence of knowledge and 4.7 Encourage patients to continue skills: the correct use of their appliance and to attend future planned appointments throughout their programme of Action Plan: treatment. 1. 2. How would you rate your current ability? 3. New to me Needs refresh Adequate Good Can demonstrate 5. 5.1 Identify and explain which lab to Reference evidence of knowledge and skills: send the orthodontic work to. How would you rate your current ability? Laboratory Action Plan: New to me 1. Needs refresh Liaison 2. Adequate 3. Good Can demonstrate





| ADG/CCF15 Orthodontics | | | |
|------------------------|---|--|--|
| Competency | Performance Indicator (PI) To meet the ADG standard I can: | How would you rate your current ability? | |
| 5. | 5.2 Explain How long the lab will need | Reference evidence of knowledge and skills: | |
| Laboratory Liaison | How would you rate your current ability? New to me Needs refresh Adequate Good Can demonstrate | Action Plan: 1. 2. 3. | |
| | 5.3 Explain the importance of checking the work is back/has been collected. How would you rate your current ability? New to me Needs refresh Adequate Good | Reference evidence of knowledge and skills: Action Plan: 1. 2. 3. | |
| | Can demonstrate | | |





Use this section to record any further referencing or information to support you in meeting CCF15 (remember to list the PI it relates to.)